

# COVID-19 MATCH DAY & TRAINING PARTICIPANT CHECKLIST



CRICKET NSW

As at 11 October 2021

## ALL PARTICIPANTS (PLAYERS, UMPIRES, SPECTATORS, CLUB OFFICIALS)

- ✓ I am fully vaccinated. I will hold copies of vaccination certificates and can provide on request.
- ✓ For more information on the benefits of COVID-19 vaccinations to individuals, I will source information at [www.health.gov.au](http://www.health.gov.au) and will consider my own individual circumstances.
- ✓ If participating outside my local government area, I have considered whether it is necessary to participate in matches/training at this time.
- ✓ I am up to date with all the latest COVID-19 information from the NSW Government and will follow all NSW government health orders and directions and adjust availability accordingly.
- ✓ I have downloaded the Service NSW App to my phone, and I am familiar with its operation regarding being COVID-19 safe.
- ✓ I will, where possible, use private transport to get to and from matches. I will avoid using public transport – trains, buses, taxis, etc.
- ✓ I will, if using public transport, follow recommended advice by NSW government health authorities to stay safe e.g. I will wear a face mask whilst travelling.
- ✓ I will check in and check out using either-a QR Code (using the Service NSW App), or a by a manual register.
- ✓ I do not have any flu like symptoms and have not attended a confirmed hotspot in the past 14 days. If yes, I will not attend training or the match.
- ✓ I will have showered and changed before playing/training and shower at home post playing/training.
- ✓ I will wear a mask on, or off field as required.
- ✓ I will wash my hands regularly and sanitise my hands on entering and leaving the playing/training field (when appropriate).
- ✓ I will maintain social distancing (1.5 metres) where possible.
- ✓ I will have my own labelled water bottle that I won't share.

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## UMPIRE SPECIFIC

- ✓ I will carry a small bottle of sanitiser and microbial wipes on the field.
- ✓ I will carry “zip lock” style plastic bag (or similar) to place used microbial wipes in.
- ✓ I will avoid touching the ball wherever possible.
- ✓ I am aware of any COVID-19 safety playing condition changes and/or directives implemented by the relevant competition committee for the match I am going to officiate in.
- ✓ I will ensure players are aware that they are not to touch the stumps, nor will I touch my partners set of stumps.
- ✓ I will avoid shaking hands with players, coaches, and other officials after a match.
- ✓ I will wait in the middle of the ground with my partner (1.5m apart) to allow teams to exit the field.
- ✓ I understand that it is no longer a requirement for umpires to sign scorebooks.
- ✓ I will leave the ground as soon as possible at the end of play, and shower at home after the match.
- ✓ I will clean all my equipment at home after all matches.
- ✓ Am I in a high-risk category? (i.e. elderly, immunocompromised). If yes, seek medical advice, consider avoiding communal activities and inform your club of your individual training routine.

## PLAYER SPECIFIC

- ✓ I will “Get In, Play/Train, Get Out”.
- ✓ I will maintain social distancing (1.5 metres) where-ever possible.
- ✓ I will avoid spitting or clearing nasal/respiratory secretions on or off field and will use a tissue to blow my nose.
- ✓ I will avoid physical contact (e.g. high fives, handshakes, huddles etc.).
- ✓ I will have access to all my own equipment (i.e. bat, gloves, pads).